

**Provisional Results for All Competitors in finish order.**

Place	Time	Name	Team	Race Age Category	Pace min/mile	Race No	Race Place
1	0:56:03	TRICKETT, Iain	Dorset Doddlers	Senior Men	05:36.2	478	1
2	0:56:04	ALBOROUGH, Chris	Poole AC	Senior Men	05:36.3	359	2
3	0:56:14	PALMER, Craig	Bournemouth AC	Senior Men	05:37.3	190	3
4	0:56:14	MCTAGGART, Rob	Bournemouth AC	Senior Men	05:37.3	550	4
5	0:56:29	ALAN-WILLIAMS, Gareth	Poole AC	MV40-44	05:38.8	350	6
6	0:56:37	CHAPMAN, Toby	Bournemouth AC	Senior Men	05:39.6	522	7
7	0:56:56	SHARKEY, Jon	Bournemouth AC	MV35-39	05:41.5	444	8
8	0:57:00	DEMPSTER, Lee	Lytchett Manor Striders	Senior Men	05:41.9	324	9
9	0:57:35	LEGGOTT, Andy	Lonely Goat RC	MV35-39	05:45.4	562	10
10	0:57:43	DAY, Bill	Poole Runners	MV40-44	05:46.2	309	11
11	0:57:51	CLARK, Anthony	Bournemouth AC	MV40-44	05:47.0	519	12
12	0:58:10	WOOD, Christopher	Wimborne AC	MV35-39	05:48.9	283	13
13	0:59:37	RIGBY, Steven	Dorset Doddlers	MV35-39	05:57.6	514	14
14	0:59:46	BALLINGALL, Paul		MV40-44	05:58.5	472	15
15	1:00:03	BRAGG, Jez	Bournemouth AC	MV35-39	06:00.2	463	16
16	1:00:08	SWINDLEHURST, Richard	Poole AC	MV45-49	06:00.7	351	17
17	1:00:24	ANDREWS, Tom	Lytchett Manor Striders	Senior Men	06:02.3	483	18
18	1:00:32	LIDDELL, Mike	Poole Runners	Senior Men	06:03.1	374	19
19	1:00:38	PARFITT, Scott	Lytchett Manor Striders	MV35-39	06:03.7	280	20
20	1:00:41	SELDON, Danny	Purbeck Runners	MV40-44	06:04.0	358	21
21	1:00:50	SHARMA, Sanjai	Bournemouth AC	MV55-59	06:04.9	368	22
22	1:01:07	BULLIMORE, Paul	Egdon Heath Harriers	MV45-49	06:06.6	272	23
23	1:01:08	MCCAFFEREY, James	Poole AC	Senior Men	06:06.7	551	24
24	1:01:15	CRAWLEY, Edward	Lytchett Manor Striders	Senior Men	06:07.4	284	25
25	1:01:25	CAMPBELL, Bruce	Egdon Heath Harriers	MV50-54	06:08.4	442	26
26	1:01:32	COOK, Steve	Poole AC	MV45-49	06:09.1	506	27
27	1:01:44	RAMSDEN, Adam		MV45-49	06:10.3	459	28
28	1:01:54	CORBIN, Adam	Westbourne RC	Senior Men	06:11.3	517	29
29	1:01:55	DAVIS, Simon	Wimborne AC	MV40-44	06:11.4	275	30
30	1:02:05	BRAWN, Richard	Bournemouth AC	MV35-39	06:12.4	527	31
31	1:02:06	MCCARTHY, Trevor	Littledown Harriers	Senior Men	06:12.5	475	32
32	1:02:16	TOWNER, John	Poole Runners	MV35-39	06:13.5	540	33
33	1:02:19	DRAYSON, Kevin	Westbourne RC	MV35-39	06:13.8	301	34
34	1:02:24	HECKFORD, Chris	Wimborne AC	MV35-39	06:14.3	521	35
35	1:02:30	SHERWOOD, Joseph	Littledown Harriers	Senior Men	06:14.9	337	36
36	1:02:40	THACKER, Julian	Egdon Heath Harriers	MV45-49	06:15.9	437	37
37	1:02:46	MURRAY, Rob	Purbeck Runners	MV35-39	06:16.5	276	38
38	1:02:48	PACKER, Mark	Littledown Harriers	MV45-49	06:16.7	310	39
39	1:02:49	WHETTINGSTEEL, Ben		MV35-39	06:16.8	381	40
40	1:02:52	BEATON, Aaron	Westbourne RC	MV35-39	06:17.1	330	41
41	1:02:53	PASKINS, Thomas	Bournemouth AC	Senior Men	06:17.2	468	42
42	1:03:09	CURRAH, Paul	Poole Runners	MV35-39	06:18.8	397	43
43	1:03:24	SEXTON, Neil	Poole Runners	MV40-44	06:20.3	421	44
44	1:03:29	TISSINGTON, Gary	Poole AC	MV35-39	06:20.8	509	45
45	1:03:38	SPEAR, Jon	Poole AC	MV45-49	06:21.7	560	46
46	1:03:41	JONES, Robert	Littledown Harriers	MV35-39	06:22.0	345	47
47	1:03:51	ROBBINS, Jason	Lytchett Manor Striders	MV45-49	06:23.0	484	48
48	1:03:57	DE LUCA, Paolo	Littledown Harriers	MV45-49	06:23.6	559	49
49	1:03:57	HUGHES, Katie	Westbury Harriers	FV40-44	06:23.6	177	50
50	1:04:00	BERRY, Nick	Dorset Doddlers	MV45-49	06:23.9	396	51
51	1:04:10	TORY, Rupert	Poole Runners	MV40-44	06:24.9	544	52
52	1:04:19	WORSLEY, Gary	Littledown Harriers	MV50-54	06:25.8	292	53
53	1:04:28	SOMERS, Colin	Poole Runners	MV40-44	06:26.7	556	54
54	1:04:31	WILLIAMS, Stephen	Littledown Harriers	MV35-39	06:27.0	354	55
55	1:04:36	STRATFORD, Chris	Poole Runners	MV35-39	06:27.5	535	56
56	1:04:51	GOODWIN, Mark	Littledown Harriers	MV40-44	06:29.0	452	57
57	1:05:13	O'CONNOR, Serena	Poole Runners	Senior Female	06:31.2	207	58

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58	1:05:16	SCRAGG, Joel	Egdon Heath Harriers	MV35-39	06:31.5	213	59
59	1:05:17	TEASDALE, Roger	Dorset Doodlers	MV40-44	06:31.6	449	60
60	1:05:24	MURRAY, Hamish		MV65-69	06:32.3	355	61
61	1:05:45	WILSON, David	Littledown Harriers	MV50-54	06:34.4	552	62
62	1:05:52	WHEELER, Matthew	Weston AC	MV45-49	06:35.1	428	63
63	1:05:54	CAPLAN, Emma	Bournemouth AC	FV40-44	06:35.3	200	64
64	1:05:55	WILSON, Ewan	Poole Runners	MV35-39	06:35.4	547	65
65	1:06:01	RIMMER, Anthony	Maiden Newton Runners	MV45-49	06:36.0	471	66
66	1:06:09	MOGRIDGE, Spencer	Dorset Doodlers	MV45-49	06:36.8	523	67
67	1:06:31	TOWNSEND, Adrian	Bournemouth AC	MV55-59	06:39.0	577	68
68	1:06:32	BROWN, David	Purbeck Runners	MV45-49	06:39.1	557	69
69	1:06:38	THOMPSON, Alex	Lytchett Manor Striders	MV40-44	06:39.7	480	70
70	1:06:46	BIANCHI, Lorenzo	Wimborne AC	Senior Men	06:40.5	287	71
71	1:06:50	KIRK, Jud	Bournemouth AC	MV60-64	06:40.9	518	72
72	1:06:54	BRIDGER, Stephen	Purbeck Runners	MV55-59	06:41.3	446	73
73	1:07:09	WOOLLEY, Dale	Royal Manor Portland	MV40-44	06:42.8	530	74
74	1:07:15	BROOKE, Nick	Dorset Doodlers	MV65-69	06:43.4	305	75
75	1:07:18	ROBINS, Ant	Littledown Harriers	MV45-49	06:43.7	263	76
76	1:07:22	WATTS, Tony	Wimborne AC	MV35-39	06:44.1	494	77
77	1:07:24	LEGGOTT, Diana	Lonely Goat RC	FV45-49	06:44.3	137	78
78	1:07:27	BOATSWAIN, Jamie	Royal Manor Portland	Senior Men	06:44.6	553	79
79	1:07:41	HALL, John		MV45-49	06:46.0	387	80
80	1:07:59	BOSANQUET, Matthew	Lytchett Manor Striders	MV45-49	06:47.8	569	81
81	1:08:02	ORMONDE, Mark	Lytchett Manor Striders	MV40-44	06:48.1	419	82
82	1:08:04	BARNETT, Alan		MV55-59	06:48.3	447	83
83	1:08:05	SOLANKI, Rajiv	Poole AC	Senior Men	06:48.4	281	84
84	1:08:10	EDWARDS, Ian	Poole Runners	MV55-59	06:48.9	404	85
85	1:08:16	CLARKE, Philip		MV40-44	06:49.5	378	86
86	1:08:38	WILDBUR, Simon	Poole AC	MV40-44	06:51.7	461	87
87	1:08:46	ROLPH, Harry	Egdon Heath Harriers	Senior Men	06:52.5	412	88
88	1:09:06	MUMFORD, Jason	Poole Runners	MV40-44	06:54.5	564	89
89	1:09:08	DIAMOND, Stuart	Weston AC	MV50-54	06:54.7	314	90
90	1:09:12	HOLMES, Darren	Littledown Harriers	MV45-49	06:55.1	542	91
91	1:09:17	MORDEW, Scott	Lytchett Manor Striders	MV40-44	06:55.6	334	92
92	1:09:21	MARSH, Liam		MV35-39	06:56.0	271	93
93	1:09:50	MASTERMAN, Neil	Poole AC	MV45-49	06:58.9	277	94
94	1:09:52	BARRETT, Marc	Lonely Goat RC	MV35-39	06:59.1	303	95
95	1:09:56	BACON, Matthew	Royal Manor Portland	MV40-44	06:59.5	473	96
96	1:10:03	HUMPHREYS, Mark	Weymouth St Pauls	MV55-59	07:00.2	469	97
97	1:10:21	HAYWOOD, Nigel	Purbeck Runners	MV60-64	07:02.0	424	98
98	1:10:33	LEE, William		MV35-39	07:03.2	362	99
99	1:10:38	SHEEN, Mark		MV45-49	07:03.7	268	100
100	1:10:47	CHAPMAN, John	Stopsley Striders	MV60-64	07:04.6	392	101
101	1:10:51	MOYSE, Graham	Poole Runners	MV55-59	07:05.0	371	102
102	1:10:56	TOMLINSON, Phil	Weston AC	MV45-49	07:05.5	497	103
103	1:11:05	FREAR, Christopher	Dorset Doodlers	Senior Men	07:06.4	432	104
104	1:11:08	JONES, Tim	Poole Runners	MV40-44	07:06.7	548	105
105	1:11:10	FROUD, Darrell	Poole Runners	Senior Men	07:06.9	537	106
106	1:11:34	LANE, Paul	Poole AC	MV50-54	07:09.3	243	107
107	1:11:38	CHERRETT, Philip	Bournemouth AC	MV40-44	07:09.7	467	108
108	1:11:39	CANNINGS, Richard	Bournemouth AC	MV45-49	07:09.8	405	109
109	1:11:45	LEAT, Neil		MV45-49	07:10.4	507	110
110	1:12:02	HOLMES, Tony	Purbeck Runners	MV50-54	07:12.1	266	111
111	1:12:10	GOLDSMITH, David		MV50-54	07:12.9	347	112
112	1:12:12	EVELEGH, Jon	Poole Runners	MV40-44	07:13.1	288	113
113	1:12:14	PETERS, Michael	Dorset Doodlers	MV55-59	07:13.3	360	114
114	1:12:25	DOWSETT, Luke	Littledown Harriers	Senior Men	07:14.4	418	115
115	1:12:29	MARSHALL, Jessica	Weymouth St Pauls	Senior Female	07:14.8	39	116
116	1:12:38	VLAARKAMP, Judith	Lytchett Manor Striders	FV40-44	07:15.7	575	117
117	1:12:39	REED, Charlotte		FV35-39	07:15.8	70	118

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118	1:12:44	ELKINS, Trevor	Bournemouth AC	MV35-39	07:16.3	528	119
119	1:12:49	PERRY, Justin	Dorset Doodlers	MV45-49	07:16.8	567	120
120	1:12:54	PRINCE, Dan		MV35-39	07:17.3	409	121
121	1:13:03	OZDEMIR, Esref	Poole Runners	MV45-49	07:18.2	321	122
122	1:13:09	EVERETT, Mark	Littledown Harriers	MV35-39	07:18.8	338	123
123	1:13:18	LEWIS, Alan	Poole Runners	MV65-69	07:19.7	260	124
124	1:13:20	BARKER, Paula	Poole Runners	FV50-54	07:19.9	216	125
125	1:13:25	CONROY, Luke	Poole AC	Senior Men	07:20.4	113	126
126	1:13:27	OLIVER, Gemma	Poole Runners	FV35-39	07:20.6	34	127
127	1:13:28	STONE, Steve	Dorchester RIOT	MV45-49	07:20.7	470	128
128	1:13:30	HORDER, Caroline	Littledown Harriers	FV65-69	07:20.9	579	129
129	1:13:38	ELLIS, Sarah	Westbourne RC	FV45-49	07:21.7	45	130
130	1:13:39	CORBIN-JONES, Darryl	Westbourne RC	MV35-39	07:21.8	403	131
131	1:13:40	EVERETT, Maria	Littledown Harriers	FV35-39	07:21.9	389	132
132	1:13:46	STOCKWELL, Kevin	Poole AC	MV50-54	07:22.5	294	133
133	1:13:51	TREW, Michael	North Dorset Tri Club	MV55-59	07:23.0	456	134
134	1:14:02	WHITEHURST, Philip	Wimborne AC	MV50-54	07:24.1	289	135
135	1:14:04	MOORE, Simon	Lytchett Manor Striders	MV35-39	07:24.3	335	136
136	1:14:24	CHILD, David	Westbourne RC	MV55-59	07:26.3	515	137
137	1:14:32	PARSONS, Steve	Bournemouth AC	MV35-39	07:27.1	411	138
138	1:14:34	STEVENS, Brett	Poole AC	Senior Men	07:27.3	388	139
139	1:14:38	WILSHER, Paul	Poole AC	MV40-44	07:27.7	496	140
140	1:14:44	JACKSON, David		MV60-64	07:28.3	458	141
141	1:14:47	HOLLAND, Dale	Poole Runners	MV40-44	07:28.6	357	142
142	1:14:49	ADAMS, Dan	Poole Runners	Senior Men	07:28.8	450	143
143	1:14:50	CALTON, David	Poole Runners	MV60-64	07:28.9	299	144
144	1:14:54	PHILPOTTS, Katie	Poole Runners	Senior Female	07:29.3	210	145
145	1:15:01	WRIGHT, Joy	Bournemouth AC	FV40-44	07:30.0	197	146
146	1:15:03	BOWLES, Steven	Purbeck Runners	MV60-64	07:30.2	331	147
147	1:15:23	BEMMENT, Greg	Littledown Harriers	MV60-64	07:32.2	426	148
148	1:15:24	ASHLEY, Gary	Chandlers Ford	MV40-44	07:32.3	571	149
149	1:15:24	HULL, Richard	Dorset Doodlers	MV45-49	07:32.3	477	150
150	1:15:26	DAVIES, Nia	Weston AC	FV45-49	07:32.5	267	151
151	1:15:27	TUCKER, Keith	Poole AC	MV45-49	07:32.6	545	152
152	1:15:41	DOBBS, Mark	Poole Runners	MV55-59	07:34.0	410	153
153	1:15:43	KHOSHNEVIS, Heather	Littledown Harriers	FV55-59	07:34.2	82	154
154	1:15:53	WESTHEAD, Joanna	Poole Runners	FV45-49	07:35.2	203	155
155	1:15:55	SMITH, Martin	Egdon Heath Harriers	MV45-49	07:35.4	259	156
156	1:16:00	COVENEY, Joanna	Weston AC	FV45-49	07:35.9	270	157
157	1:16:03	AUSTIN, Louise	Littledown Harriers	FV40-44	07:36.2	65	158
158	1:16:04	MORRISON, Bill	Lytchett Manor Striders	MV40-44	07:36.3	56	159
159	1:16:09	MORRIS, Stuart		MV40-44	07:36.8	402	160
160	1:16:10	ALLEN, Gill	Wimborne AC	FV50-54	07:36.9	253	161
161	1:16:11	SHAW, Daniel		Senior Men	07:37.0	490	162
162	1:16:15	FOX, Stephen	Poole Runners	MV50-54	07:37.4	526	163
163	1:16:31	WHITE, Mike	Bournemouth AC	MV45-49	07:39.0	532	164
164	1:16:42	CARR, Delia	Dorchester RIOT	FV35-39	07:40.1	168	165
165	1:16:47	HOWLETT, Peter	Lytchett Manor Striders	MV50-54	07:40.6	425	166
166	1:16:50	WILDING, Paul	Lytchett Manor Striders	MV55-59	07:40.9	326	167
167	1:16:52	BONNOR-MORIS, Mark		MV45-49	07:41.1	502	168
168	1:16:59	ISAAC, Andrew	Littledown Harriers	MV35-39	07:41.8	302	169
169	1:17:06	WALL, Chris		MV60-64	07:42.5	436	170
170	1:17:06	PERRETT, Karen	Weymouth St Pauls	FV45-49	07:42.5	36	171
171	1:17:07	INGS, Matt	Dorchester RIOT	Senior Men	07:42.6	534	172
172	1:17:08	JONES, Rachel	Dorchester RIOT	Senior Female	07:42.7	169	173
173	1:17:11	TURNER, Kevin		MV45-49	07:43.0	361	174
174	1:17:27	ROBSON, Kathryn	Poole AC	FV50-54	07:44.6	220	175
175	1:17:28	WILSON, Mark		MV40-44	07:44.7	269	176
176	1:17:33	HENDES, Louise	Littledown Harriers	Senior Female	07:45.2	255	177
177	1:17:34	WINDEBANK, Jim	Poole Runners	MV35-39	07:45.3	298	178

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178	1:17:34	CHAPMAN, Anna		FV35-39	07:45.3	199	179
179	1:17:37	CONNOLLY, Stacey	Dorset Doodlers	MV35-39	07:45.6	512	180
180	1:17:48	WHITE, Julie	Littledown Harriers	FV55-59	07:46.7	578	181
181	1:17:49	SWIFT, Sarah	Poole Runners	FV45-49	07:46.8	38	182
182	1:17:50	GRAHAM, Ian	Bournemouth AC	MV70+	07:46.9	503	183
183	1:17:53	TOMLINSON, Matthew	Poole AC	MV45-49	07:47.2	499	184
184	1:17:55	SHAW, Sharon	Poole Runners	FV40-44	07:47.4	14	185
185	1:17:57	HAY, Kirstin	Poole AC	Senior Female	07:47.6	162	186
186	1:17:58	ORTON, Julie	Royal Manor Portland	FV45-49	07:47.7	66	187
187	1:18:18	PETERSEN, Tamzin	Bournemouth AC	Senior Female	07:49.7	109	188
188	1:18:18	BRAMLEY, Mark		MV35-39	07:49.7	318	189
189	1:18:19	VARLEY, Kristina	Littledown Harriers	Senior Female	07:49.8	196	190
190	1:18:33	HUTCHINGS, Lynn	Dorset Doodlers	FV50-54	07:51.2	155	191
191	1:18:37	LITTLECOTT, Stephen	Lytchett Manor Striders	MV60-64	07:51.6	479	192
192	1:18:41	DENNISON, Graham	Poole Runners	MV40-44	07:52.0	457	193
193	1:18:50	WALL, Charles	Littledown Harriers	Senior Men	07:52.9	373	194
194	1:18:54	SUMMONS, Nick	Dorset Doodlers	MV45-49	07:53.3	306	195
195	1:18:54	READMAN, Ruth	Dorset Doodlers	FV35-39	07:53.3	508	196
196	1:18:58	SCARFE, Dougie	Lytchett Manor Striders	MV50-54	07:53.7	328	197
197	1:19:00	GODDARD, Jennifer	New Forest Runners	Senior Female	07:53.9	132	198
198	1:19:01	TAYLOR, Carl	Lonely Goat RC	MV40-44	07:54.0	435	199
199	1:19:06	FRAMPTON, Robert	Poole Runners	MV55-59	07:54.5	546	200
200	1:19:09	CARTER, Helen		FV35-39	07:54.8	158	201
201	1:19:13	RUSCOE, Claire		FV35-39	07:55.2	3	202
202	1:19:15	BLAKE, Gillian		FV35-39	07:55.4	71	203
203	1:19:19	AVERY, James		MV50-54	07:55.8	348	204
204	1:19:31	KNIGHT, Natalie	New Forest Runners	FV40-44	07:57.0	77	205
205	1:19:36	HAINES, Lorna	Purbeck Runners	FV50-54	07:57.5	178	206
206	1:19:39	PITCHER, Matt	Lonely Goat RC	MV40-44	07:57.8	407	207
207	1:19:41	FILMER, Graham	Poole AC	MV50-54	07:58.0	516	208
208	1:19:42	PARROTT, Geoff	Westbourne RC	MV70+	07:58.1	353	209
209	1:19:46	ASHLEY, Tracy	Littledown Harriers	FV40-44	07:58.5	40	210
210	1:20:00	HICKS, Tom	Poole Runners	MV50-54	07:59.9	441	211
211	1:20:02	HUDSON, Martin	Littledown Harriers	MV60-64	08:00.1	574	212
212	1:20:10	CAMPBELL, Stella	Egdon Heath Harriers	FV35-39	08:00.9	30	213
213	1:20:12	FLECK, Michael	Lytchett Manor Striders	MV55-59	08:01.1	323	214
214	1:20:12	JONES, Kelsey	Lytchett Manor Striders	Senior Female	08:01.1	27	215
215	1:20:15	MACEY, Rachel		FV35-39	08:01.4	78	216
216	1:20:19	GUNN, Alison	Poole Runners	Senior Female	08:01.8	237	217
217	1:20:22	BURNS, Robert	Lytchett Manor Striders	MV70+	08:02.1	282	218
218	1:20:22	TROWBRIDGE, Kevin	Westbourne RC	MV45-49	08:02.1	466	219
219	1:20:27	PATERSON, Claudia		Senior Female	08:02.6	173	220
220	1:20:31	DIAMOND, Helen	Weston AC	FV50-54	08:03.0	18	221
221	1:20:32	BATES, Geoff	Westbourne RC	MV40-44	08:03.1	375	222
222	1:20:35	WHITFIELD, Karl	Lytchett Manor Striders	MV40-44	08:03.4	322	223
223	1:20:42	CUNNINGHAM, Michael	Littledown Harriers	Senior Men	08:04.1	555	224
224	1:20:54	BARNES, Chris		MV40-44	08:05.3	513	225
225	1:20:58	CLASBY, Alan	Poole Runners	MV65-69	08:05.7	365	226
226	1:21:02	HEATH, David	Poole Runners	MV65-69	08:06.1	493	227
227	1:21:08	BRACKEN, Sean		MV45-49	08:06.7	400	228
228	1:21:08	GALE, Andy		MV45-49	08:06.7	399	229
229	1:21:21	EDBROOKE, Helen	Wimborne AC	FV50-54	08:08.0	257	230
230	1:21:43	CURTIS, Malcolm	Dorchester RIOT	MV50-54	08:10.2	533	231
231	1:21:56	SHYLOCK, Izabela	Poole Runners	FV35-39	08:11.5	333	232
232	1:21:56	FORSTER, Robert	Poole Runners	MV45-49	08:11.5	539	233
233	1:22:04	PITCAITHLEY, Lisa		FV40-44	08:12.3	9	234
234	1:22:05	JAMES, Mark		MV45-49	08:12.4	383	235
235	1:22:20	COTTER, Rae	Bournemouth Joggers	FV50-54	08:13.9	245	236
236	1:22:23	AMES, Matthew	Egdon Heath Harriers	MV40-44	08:14.2	315	237
237	1:22:23	ANDREWS, Mark	Egdon Heath Harriers	MV50-54	08:14.2	369	238

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>	<i>Race Place</i>
238	1:22:25	WILES, Anna	Royal Manor Portland	Senior Men	08:14.4	474	239
239	1:22:26	MURRAY, Barbara	Purbeck Runners	FV60+	08:14.5	312	240
240	1:22:27	HARRIS, Holly		FV55-59	08:14.6	175	241
241	1:22:27	HARRIS, Graham		MV55-59	08:14.6	481	242
242	1:22:28	JANES, Suzanne	Littledown Harriers	Senior Female	08:14.7	1	243
243	1:22:29	DUTTON, Scott	Littledown Harriers	MV45-49	08:14.8	336	244
244	1:22:33	RIGBY, Thomas	Royal Manor Portland	MV35-39	08:15.2	580	245
245	1:22:42	CROWHURST, Daniel		MV40-44	08:16.1	401	246
246	1:22:49	HETREED, Olivia	Egdon Heath Harriers	FV55-59	08:16.8	172	247
247	1:22:50	VINCENT, Steve	Lytchett Manor Striders	MV35-39	08:16.9	561	248
248	1:22:55	HORAN, Laura		Senior Female	08:17.4	278	249
249	1:22:59	SLATFORD, Estelle	Bournemouth AC	FV40-44	08:17.8	212	250
250	1:23:02	THOMAS, Andrew		MV55-59	08:18.1	311	251
251	1:23:02	SPARKS, Gemma	Poole AC	Senior Female	08:18.1	104	252
252	1:23:07	HUBBARD, John	Westbourne RC	MV50-54	08:18.6	413	253
253	1:23:13	HOLLAND, Peter		MV55-59	08:19.2	486	254
254	1:23:19	WALKER-LEACH, Jenny	Lytchett Manor Striders	FV40-44	08:19.8	233	255
255	1:23:32	STEPHENS, Mervyn		MV45-49	08:21.1	297	256
256	1:23:37	ST QUINTIN, James		MV40-44	08:21.6	384	257
257	1:23:40	PRICE, Louise	Bournemouth AC	FV50-54	08:21.9	192	258
258	1:23:44	BARRY, Alison	Wimborne AC	FV55-59	08:22.3	252	259
259	1:23:47	DWYER, Jack	Poole Runners	Senior Men	08:22.6	262	260
260	1:23:52	TERRY, Mike	Littledown Harriers	MV65-69	08:23.1	346	261
261	1:23:52	HIGGINS, David	Littledown Harriers	MV55-59	08:23.1	115	262
262	1:23:54	WELCH, Lynne	Poole AC	FV50-54	08:23.3	21	263
263	1:24:05	ALBERRY, Tish	Purbeck Runners	FV55-59	08:24.4	382	264
264	1:24:07	CLARK, Carrie		FV45-49	08:24.6	219	265
265	1:24:09	SMITH-HARRISON, Rachel	Littledown Harriers	FV40-44	08:24.8	41	266
266	1:24:10	WEAVER, Tony	Lytchett Manor Striders	MV45-49	08:24.9	261	267
267	1:24:10	ARMSTRONG, Josie	Lytchett Manor Striders	FV40-44	08:24.9	236	268
268	1:24:14	BOONTAM, Steve		MV60-64	08:25.3	427	269
269	1:24:17	SORTON, Andy	Poole Runners	MV45-49	08:25.6	313	270
270	1:24:18	LEES, Simon	Dorset Doodlers	MV50-54	08:25.7	286	271
271	1:24:20	LIGHT, Gary		MV50-54	08:25.9	340	272
272	1:24:22	RANDLE, Samantha	Lonely Goat RC	FV35-39	08:26.1	226	273
273	1:24:22	PAIN, Samantha	Littledown Harriers	FV50-54	08:26.1	125	274
274	1:24:26	TANDY, Simon	Royal Manor Portland	MV50-54	08:26.5	531	275
275	1:24:30	HEWSON, Sandra	Westbourne RC	FV45-49	08:26.9	2	276
276	1:24:40	MATTHEWS, Susie	Poole AC	FV65-69	08:27.9	108	277
277	1:24:45	OAKLEY, Bill	Lytchett Manor Striders	MV65-69	08:28.4	352	278
278	1:24:46	STYLIANO, Mark		MV45-49	08:28.5	342	279
279	1:24:52	PANTER, Roberto	Egdon Heath Harriers	MV70+	08:29.1	366	280
280	1:24:55	BRIERLEY, Howard	Poole AC	MV65-69	08:29.4	295	281
281	1:25:01	OFFER, Jayne	Poole AC	FV50-54	08:30.0	88	282
282	1:25:03	YORK, Lucy		FV35-39	08:30.2	119	283
283	1:25:13	THOMSON, Steve		MV45-49	08:31.2	568	284
284	1:25:14	HAMILTON, Laura	Westbourne RC	Senior Female	08:31.3	90	285
285	1:25:17	COX, Emily	Poole Runners	Senior Female	08:31.6	176	286
286	1:25:17	NETHERCOTT, Heather	Lytchett Manor Striders	FV50-54	08:31.6	235	287
287	1:25:21	WESTON, Kirsty	Lytchett Manor Striders	FV45-49	08:32.0	231	288
288	1:25:27	HODSON, Jayne	Purbeck Runners	FV50-54	08:32.6	19	289
289	1:25:32	PRICE, Tracey	Westbourne RC	MV55-59	08:33.1	380	290
290	1:25:45	ELLIOT, Emma		FV40-44	08:34.4	163	291
291	1:25:48	WORRALL, Pauline	Bournemouth Joggers	FV55-59	08:34.7	146	292
292	1:25:53	JARVIS, Penny	Poole Runners	FV65-69	08:35.2	95	293
293	1:25:56	CARMICHAEL, Sally		FV40-44	08:35.5	554	294
294	1:25:58	TAYLOR, Gary	Littledown Harriers	MV50-54	08:35.7	117	295
295	1:26:02	DUROW, Jason		MV40-44	08:36.1	300	296
296	1:26:08	HITCHING, Ian	Poole AC	MV50-54	08:36.7	370	297
297	1:26:11	HOWLETT, Julia	Lytchett Manor Striders	FV45-49	08:37.0	121	298

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298	1:26:11	SAGE, Natasha	Lytchett Manor Striders	FV35-39	08:37.0	241	299
299	1:26:14	STUCKEY, Claire	Bournemouth Joggers	FV40-44	08:37.3	53	300
300	1:26:15	WINDLE, Kim	Bournemouth Joggers	FV55-59	08:37.4	24	301
301	1:26:17	SADLER, Nicky	Lytchett Manor Striders	FV45-49	08:37.6	91	302
302	1:26:20	CROAD, Karen	Egdon Heath Harriers	FV55-59	08:37.9	165	303
303	1:26:23	THOMAS, Lisa	Westbourne RC	FV40-44	08:38.2	92	304
304	1:26:24	BULLER, Steve	Poole AC	MV50-54	08:38.3	367	305
305	1:26:29	VENTHAM, Marcus	Littledown Harriers	MV35-39	08:38.8	485	306
306	1:26:37	PARRADINE, Ken	Littledown Harriers	MV70+	08:39.6	363	307
307	1:26:53	SHIELD, Jessica		Senior Female	08:41.2	248	308
308	1:26:55	PEEDELL, Karen	Poole AC	FV55-59	08:41.4	157	309
309	1:26:58	HURST, David	Dorset Doodlers	MV50-54	08:41.7	460	310
310	1:26:58	BASSFORD, Graeme	North Dorset Tri Club	MV50-54	08:41.7	408	311
311	1:27:01	BURDETT, Guy	Littledown Harriers	MV40-44	08:42.0	390	312
312	1:27:08	SADLER, Steven	Lytchett Manor Striders	MV60-64	08:42.7	379	313
313	1:27:09	BARTON, Peter	Littledown Harriers	MV60-64	08:42.8	225	314
314	1:27:10	HOULTON, Zoe	Poole AC	FV50-54	08:42.9	183	315
315	1:27:15	FOX, Angela		FV45-49	08:43.4	195	316
316	1:27:21	BROWN, Martin		MV55-59	08:44.0	570	317
317	1:27:22	WHITTAKER, Nicola	Littledown Harriers	Senior Female	08:44.1	4	318
318	1:27:31	SHAW, Tom		Senior Men	08:45.0	489	319
319	1:27:37	MCLELLAN, Lucy	Gillingham Trotters	Senior Female	08:45.6	105	320
320	1:27:41	PEARSON, Elaine	Dorchester RIOT	FV40-44	08:46.0	174	321
321	1:27:43	DIXON, Danielle	Littledown Harriers	FV35-39	08:46.2	55	322
322	1:27:46	HOLMAN, Tracy		FV40-44	08:46.5	180	323
323	1:28:02	TELLING, Barry	Littledown Harriers	MV60-64	08:48.1	431	324
324	1:28:04	SHORE, Emma	Poole Runners	FV35-39	08:48.3	142	325
325	1:28:10	CLEALL, Joanne	Poole Runners	Senior Female	08:48.9	103	326
326	1:28:11	HOWSE, Claudia	Poole Runners	FV50-54	08:49.0	76	327
327	1:28:15	HOY, Andrew	Littledown Harriers	MV45-49	08:49.4	320	328
328	1:28:17	COWLEY, John	Dorset Doodlers	MV60-64	08:49.6	500	329
329	1:28:22	WARD, Jane	Dorset Doodlers	FV50-54	08:50.1	93	330
330	1:28:22	PERRETT, Sarah	Dorset Doodlers	FV45-49	08:50.1	29	331
331	1:28:35	LOVE, Garry		MV45-49	08:51.4	572	332
332	1:28:36	TYLER, Gary	Poole AC	MV45-49	08:51.5	487	333
333	1:28:45	CARTER-MILES, Chloe		Senior Female	08:52.4	81	334
334	1:28:46	FORD, James		Senior Men	08:52.5	464	335
335	1:28:46	LAWTON-ARCHER, Paula	Purbeck Runners	FV50-54	08:52.5	32	336
336	1:28:47	PURCHASE, Jonathan		MV40-44	08:52.6	290	337
337	1:28:48	ABEL, James		MV50-54	08:52.7	443	338
338	1:28:58	SMITH, Dan		MV35-39	08:53.7	492	339
339	1:29:01	MCQUILLAN, David		MV45-49	08:54.0	491	340
340	1:29:03	JONES, Emma	Poole AC	FV45-49	08:54.2	97	341
341	1:29:05	BAKER, Abigail	Purbeck Runners	Senior Female	08:54.4	223	342
342	1:29:07	BUTLER, Georgina		FV40-44	08:54.6	129	343
343	1:29:09	PRYOR, Graham		MV45-49	08:54.8	327	344
344	1:29:15	RAYMOND, Michelle		FV50-54	08:55.4	72	345
345	1:29:28	PIKE, Jeannette	Hamworthy Harriers	FV50-54	08:56.7	114	346
346	1:29:33	MURRAY, Robert		MV70+	08:57.2	339	347
347	1:29:43	EVERETT, Sam		MV35-39	08:58.2	455	348
348	1:30:04	CORNWELL, Laura	Poole Runners	FV40-44	09:00.3	87	349
349	1:30:18	MITCHELL, Lucy		FV35-39	09:01.7	186	350
350	1:30:19	WEEKES, Daniela		FV35-39	09:01.8	211	351
351	1:30:20	HOLLAND, Jo	Run Blandford	FV40-44	09:01.9	185	352
352	1:30:39	KEENAN, Adam		MV45-49	09:03.8	293	353
353	1:30:51	JENKINS, Jacqueline	Littledown Harriers	FV70+	09:05.0	102	354
354	1:30:59	GADBURY, Stephanie	Poole AC	FV40-44	09:05.8	135	355
355	1:31:00	PITFIELD, Ben	Maiden Newton Runners	MV40-44	09:05.9	201	356
356	1:31:06	SHERGOLD, Julie	Weston AC	FV60+	09:06.5	141	357
357	1:31:13	RABJOHNS, Kate	Lytchett Manor Striders	FV55-59	09:07.2	110	358

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358	1:31:19	HUGHES, Sonya	Dorset Sole Sisters	FV50-54	09:07.8	50	359
359	1:31:23	HUNTER, Ken		MV55-59	09:08.2	558	360
360	1:31:32	LYDFORD, Gail	New Forest Runners	FV55-59	09:09.1	171	361
361	1:31:41	DAVIES, James	Littledown Harriers	Senior Men	09:10.0	308	362
362	1:31:44	SHUTER, Christie		FV40-44	09:10.3	227	363
363	1:31:59	SEARLE, Caroline	Littledown Harriers	FV35-39	09:11.8	15	364
364	1:32:01	HODSON, David	Purbeck Runners	MV55-59	09:12.0	316	365
365	1:32:10	HOLBROOK, Rebekah		FV35-39	09:12.9	156	366
366	1:32:18	MACMORRAN, Tom		MV60-64	09:13.7	434	367
367	1:32:24	WENBORN, Lynn	Zoom Tri Club	FV60+	09:14.3	140	368
368	1:32:27	ROLLE, Phillipa	Lytchett Manor Striders	FV45-49	09:14.6	33	369
369	1:32:27	NIPPARD, Kaye	Lytchett Manor Striders	FV50-54	09:14.6	246	370
370	1:32:38	STOKES, Stacy		FV35-39	09:15.7	61	371
371	1:32:38	TRIMMER, Michelle		FV40-44	09:15.7	60	372
372	1:32:46	FRANKLIN, Rob		MV35-39	09:16.5	462	373
373	1:32:52	JONES, Sharon		FV50-54	09:17.1	143	374
374	1:32:52	DAWES, Clare	Lytchett Manor Striders	MV40-44	09:17.1	214	375
375	1:33:13	HUGHES, Kate	Lytchett Manor Striders	FV40-44	09:19.2	85	376
376	1:33:32	MITCHELL, Melanie	Dorset Doddlers	Senior Female	09:21.1	222	377
377	1:33:32	JENKINS, Barry	Dorset Doddlers	MV50-54	09:21.1	566	378
378	1:33:33	STOREY, James	Poole AC	MV70+	09:21.2	416	379
379	1:33:49	COLLINS, Sonja		FV40-44	09:22.8	244	380
380	1:34:13	CAMERON, Bruce	Poole Runners	MV70+	09:25.1	264	381
381	1:34:18	TOWNLEY, Karen	Lytchett Manor Striders	FV45-49	09:25.6	8	382
382	1:34:44	JONES, Doug	Poole AC	MV70+	09:28.2	386	383
383	1:34:48	SUMMERS, Shaleen	Weston AC	FV35-39	09:28.6	573	384
384	1:35:11	MOGG, Annette	Poole Runners	FV60+	09:30.9	22	385
385	1:35:16	SCARFE, Judith	Lytchett Manor Striders	FV50-54	09:31.4	31	386
386	1:35:20	TORY, Jennie	Run Blandford	FV40-44	09:31.8	215	387
387	1:35:28	LAWTON, Dave	Purbeck Runners	MV50-54	09:32.6	329	388
388	1:35:32	ADAMS, Amanda	Dorset Doddlers	FV40-44	09:33.0	127	389
389	1:35:38	HINCHCLIFFE, Emma	Westbourne RC	FV50-54	09:33.6	234	390
390	1:35:42	CLARKE, Peter	Weymouth St Pauls	MV70+	09:34.0	332	391
391	1:36:23	LOFFLER, Petronella		Senior Female	09:38.1	430	392
392	1:36:24	WILSON-CROOME, Robert		Senior Men	09:38.2	429	393
393	1:36:27	CERQUELLA, Lorraine	Poole AC	FV35-39	09:38.5	206	394
394	1:36:31	ATKINS, Dave		MV60-64	09:38.9	524	395
395	1:36:37	BOLAR, Belinda	Purbeck Runners	FV45-49	09:39.5	37	396
396	1:36:43	CARR, Roy	Poole AC	MV65-69	09:40.1	356	397
397	1:36:57	RUFFER, Dily	Littledown Harriers	FV60+	09:41.5	75	398
398	1:37:24	CRANE, Kim	Dorset Doddlers	FV35-39	09:44.2	194	399
399	1:37:39	HORAN, Tracey		FV50-54	09:45.7	46	400
400	1:37:46	SMITH, Jackie		FV60+	09:46.4	120	401
401	1:37:49	BESSANT, Sandra		FV55-59	09:46.7	150	402
402	1:37:50	JONES, Sue	Lytchett Manor Striders	FV50-54	09:46.8	285	403
403	1:37:51	LOWE, Gordon	Poole AC	MV60-64	09:46.9	422	404
404	1:38:01	RAWSON, Emma	Littledown Harriers	FV50-54	09:47.9	138	405
405	1:38:04	BLAKELEY, Louise	Westbourne RC	FV50-54	09:48.2	188	406
406	1:38:42	BENNETT, Andy		MV40-44	09:52.0	414	407
407	1:38:52	LAVENDER, Amy		Senior Female	09:53.0	153	408
408	1:38:52	LAMONT, Janette		FV55-59	09:53.0	154	409
409	1:39:11	HARRISON, Rebecca	Poole Runners	Senior Female	09:54.9	126	410
410	1:39:14	CONEY-LAX, Joanne	Poole Runners	FV35-39	09:55.2	13	411
411	1:39:15	SMART, Kat	Poole AC	Senior Female	09:55.3	130	412
412	1:39:19	FRY, Jacqui		FV50-54	09:55.7	62	413
413	1:39:25	FIRTH, Kerry		FV35-39	09:56.3	230	414
414	1:39:53	BENNETT, Jarna		FV40-44	09:59.1	112	415
415	1:39:56	SMITH, James		MV35-39	09:59.4	423	416
416	1:40:08	PERRY, Louise		Senior Female	10:00.6	107	417
417	1:40:11	PERRY, Matthew		MV40-44	10:00.9	406	418

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418	1:40:21	NEWLIN, Anne	Run Blandford	FV50-54	10:01.9	217	419
419	1:40:22	BROOKE, Flora	Dorset Doddlers	FV65-69	10:02.0	6	420
420	1:40:27	JOHNSON, Helen		FV40-44	10:02.5	224	421
421	1:40:43	DAVISON, Thomas		MV60-64	10:04.1	439	422
422	1:40:44	FEATHER, Jane	Dorset Doddlers	FV60+	10:04.2	133	423
423	1:40:58	MAIDMENT, Lynn		FV40-44	10:05.6	204	424
424	1:41:01	ORR, Martin	Lytchett Manor Striders	MV65-69	10:05.9	415	425
425	1:41:14	POULTON, Monica	Egdon Heath Harriers	FV45-49	10:07.2	159	426
426	1:41:15	GRUMMITT, Darren	Egdon Heath Harriers	MV50-54	10:07.3	377	427
427	1:41:18	KIRK, Maggie		FV70+	10:07.6	239	428
428	1:41:42	FOWLES, Jane	Dorset Doddlers	FV40-44	10:10.0	187	429
429	1:41:55	MARTIN, Jenna		Senior Female	10:11.3	35	430
430	1:42:00	MARTIN, Rebecca	Lytchett Manor Striders	FV35-39	10:11.8	28	431
431	1:42:01	GRAHAM, Teresa	Lytchett Manor Striders	FV50-54	10:11.9	63	432
432	1:42:08	BRAUN, Ines	Dorset Doddlers	FV50-54	10:12.6	151	433
433	1:42:17	SPREADBURY, Amy	Littledown Harriers	FV40-44	10:13.5	12	434
434	1:42:18	FLAGG, Chantal	Bournemouth Joggers	FV45-49	10:13.6	68	435
435	1:42:23	GLADWELL, Jo		FV40-44	10:14.1	291	436
436	1:42:27	BOONTAM, Julie		FV55-59	10:14.5	124	437
437	1:42:30	WHITTAKER, Anne	Littledown Harriers	FV55-59	10:14.8	240	438
438	1:42:31	GOSLING, Julie	Wimborne AC	FV60+	10:14.9	167	439
439	1:42:32	WRIGHT, Emma	Purbeck Runners	FV50-54	10:15.0	80	440
440	1:42:35	BARRON, Michael	Purbeck Runners	MV55-59	10:15.3	498	441
441	1:42:39	MIDGLEY, Catherine	Poole AC	FV50-54	10:15.7	26	442
442	1:42:47	HALL, Karen	Run Blandford	FV50-54	10:16.5	208	443
443	1:43:08	SHAW, Graham		MV60-64	10:18.6	488	444
444	1:43:10	KAIN, Joanne	Gillingham Trotters	FV45-49	10:18.8	99	445
445	1:43:15	OXFORD, Claire		Senior Female	10:19.3	111	446
446	1:43:47	SINKINSON, Rebecca	Littledown Harriers	Senior Female	10:22.5	43	447
447	1:43:58	LOWE, Jacqueline	Poole AC	FV60+	10:23.6	118	448
448	1:44:03	SMITH, Stuart	Littledown Harriers	MV50-54	10:24.1	581	449
449	1:44:03	BENNETT, Maxine	Littledown Harriers	FV55-59	10:24.1	116	450
450	1:44:06	TREGALE, Lisa		FV40-44	10:24.4	94	451
451	1:44:07	MCQUILLAN, Niamh	Littledown Harriers	FV45-49	10:24.5	134	452
452	1:44:22	LIGHT, Claire		FV50-54	10:26.0	47	453
453	1:44:35	CHASOKELA, Zodwa	Purbeck Runners	FV60+	10:27.3	73	454
454	1:44:40	BARNES, Denise	Bournemouth Joggers	FV35-39	10:27.8	7	455
455	1:44:41	BECK, Chris	Dorset Doddlers	MV70+	10:27.9	504	456
456	1:44:43	ALLEN, Trudy	Purbeck Runners	FV40-44	10:28.1	5	457
457	1:44:53	THOMAS, Caroline		FV40-44	10:29.1	128	458
458	1:44:54	FILMER, Eve	Poole AC	FV50-54	10:29.2	191	459
459	1:45:06	BARTON, Emma		FV40-44	10:30.4	67	460
460	1:45:06	FIDO, Ingrid		FV40-44	10:30.4	52	461
461	1:45:06	WILKINS, Sophie		FV40-44	10:30.4	54	462
462	1:46:34	CHANDLER, Jane	Poole Runners	FV60+	10:39.2	198	463
463	1:46:46	STOKER, Joanna		FV40-44	10:40.4	147	464
464	1:46:46	OLIVER, Ruth		FV50-54	10:40.4	144	465
465	1:46:54	BROWN, Bonnie	Purbeck Runners	FV65-69	10:41.2	64	466
466	1:47:06	SPERRING, Alison	Dorset Police AC	FV50-54	10:42.4	131	467
467	1:47:53	TWISSELL, Nikki	Lytchett Manor Striders	FV50-54	10:47.1	254	468
468	1:47:59	BANYARD, Charlotte		FV45-49	10:47.7	317	469
469	1:48:02	GRAVES, Sarah		Senior Female	10:48.0	250	470
470	1:48:02	GRAHAM, Jack		Senior Men	10:48.0	395	471
471	1:48:20	MOORHOUSE, Kim		FV35-39	10:49.8	122	472
472	1:48:27	ENGLAND, Jane		FV50-54	10:50.5	202	473
473	1:48:29	PALMER, Brenda	Poole AC	FV65-69	10:50.7	86	474
474	1:48:37	MINVALLA, Darrell	Westbourne RC	MV40-44	10:51.5	279	475
475	1:48:54	PIPER, Ellie		FV40-44	10:53.2	42	476
476	1:48:54	WILSON, Sara	Bournemouth Joggers	FV40-44	10:53.2	249	477
477	1:49:29	LESMOIR-GORDON, Gabriel		MV45-49	10:56.7	440	478



**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race No</i>	<i>Race Place</i>
478	1:49:38	SMART, Norma	Egdon Heath Harriers	FV55-59	10:57.6	11	479
479	1:49:40	FRAMPTON, Marion	Poole Runners	FV55-59	10:57.8	209	480
480	1:49:45	TOMSETT, Marina	Running Forever R C	FV40-44	10:58.3	148	481
481	1:49:45	PHILLIPS, Helen	Running Forever R C	FV50-54	10:58.3	149	482
482	1:49:47	DEVERILL, Ann	Poole AC	FV50-54	10:58.5	83	483
483	1:50:53	GALTON, Grace	Poole AC	FV40-44	11:05.1	89	484
484	1:50:55	BESSANT, Pete		MV55-59	11:05.3	453	485
485	1:50:55	LEE, Laura		FV45-49	11:05.3	20	486
486	1:50:59	CUSENS, Mary	Littledown Harriers	FV60+	11:05.7	576	487
487	1:51:38	MILLS, Trisha	Poole AC	FV60+	11:09.6	123	488
488	1:51:45	COSGROVE, Sarah		FV45-49	11:10.3	10	489
489	1:51:55	ROBERTS, Kevin	Poole AC	MV50-54	11:11.3	372	490
490	1:52:20	UNDERDOWN, Jan	Lonely Goat RC	FV60+	11:13.8	221	491
491	1:52:45	MARGETTS, Ron		MV65-69	11:16.3	520	492
492	1:53:27	CHANT, Michael	Littledown Harriers	MV60-64	11:20.5	433	493
493	1:54:32	PAWSEY, Fiona	Dorset Sole Sisters	FV45-49	11:27.0	49	494
494	1:59:31	ASH, Rosemary	Bournemouth Joggers	FV60+	11:56.9	181	495
495	2:00:44	MAY, Claire	Dorset Sole Sisters	FV55-59	12:04.2	51	496
496	2:02:20	BISSET, Lisa	Lytchett Manor Striders	FV45-49	12:13.8	25	497
497	0:56:28	LONG, David	Bournemouth AC	Senior Men	05:38.7	538	499

There were 497 finishers in the All Competitors category.