

Risk Assessment: Athletics Training @ QELC

Date:	Assessed by:	Location :	Review :
03/08/2020	Glyn Davies WAC Welfare Officer	Queen Elizabeths Leisure Centre Track and associated areas	03/09/2020

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	R e s u l t a n t R i s k R a t i n g	Action by whom	Target date	Complete
Spread of Covid-19	All	<ul style="list-style-type: none"> Groups limited to 12 athletes + 1 coach Maintain social distancing 2metres 	Mod.	<ul style="list-style-type: none"> All participants to pre-book place in session and be designated to a particular coach/activity in advance of the session. All bookings to be in writing in response to an invitation to make a booking that includes the following 	L o w	Athlete & coach	Prior to each session	

		Cleaning frequently		<p>rules. Session fee to be paid on attendance, exact money to be deposited without touching collection tin.</p> <ol style="list-style-type: none"> 1. <i>No-one can participate if anyone in their household is showing symptoms of Covid-19 – cough, temperature, loss of smell or taste – or are already self-isolating at time of booking</i> 2. <i>Registration in advance of session; any 'no shows' to be eliminated from register on coaches records in case of later track & trace requirements</i> 3. <i>Athletes to be sent link to current EA document 'Guidance for athletes and runners returning to activity' in advance of first session</i> <ul style="list-style-type: none"> • Make hand wipes available for use • Clean and disinfect objects and surfaces that are touched regularly particularly in areas of high use such as doors, padlocks etc using appropriate cleaning products and methods. • Ensure equipment is thorough cleaned before session. Restrict equipment to one athlete while being used and that thorough cleaning is carried out prior to anyone else handling it. Thoroughly clean equipment after any training session. • Long jump rake and spade to be supplied by coach and 			
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				<ul style="list-style-type: none"> handled only by them. To maintain social distance athletes using the track must ideally have a lane clear between them and another athlete. 'Pods' of coach/athletes (no more than 12 people) to be spaced apart for social distancing purposes Athlete briefing at start of session to reinforce social distancing protocol. Do not congregate after training, return home promptly 				
Venue	Athletes	<ul style="list-style-type: none"> Check facilities Brief athletes 	Low	<ul style="list-style-type: none"> Clear any obstruction/hazard in advance of session 	Low	Coach	Each session	
Communications	All & parents	<ul style="list-style-type: none"> Mobile phone 	Low	<ul style="list-style-type: none"> Coaches to have mobile phone 	Low	Coach	Each session	
Facilities		<ul style="list-style-type: none"> Parking available at Leisure Centre Access to LC for toilets only 						
First aid	All	<ul style="list-style-type: none"> Take first aid bag 	Low	<ul style="list-style-type: none"> For minor injuries - first aid to be self-administered from bag First aid available in LC For major incident call for help using mobile phone 	Low	All	Each session	